RM107HX	
Telephone: 020 8724 1924	
Email: heathcommunityhub@lbbd.gov.uk	
Marks Gate Community Hub	Monday to Friday 9am to 5pm
Rose Lane	
Dagenham	
RM6 5NJ	
Telephone: 020 8270 4165	
Email: marksgatecommunityhub@lbbd.gov.uk	
Northbury Community Hub at Al Madina Mosque	Monday to Saturday 9am to 8pm
First Floor The Hive	
2 Victoria Road	
Barking IG11 8PY	
Parsloes Community Hub at Kingsley Hall	Monday to Friday 9am to 4pm
Parsloes Avenue	
Dagenham	
RM9 5NB	
Telephone: 020 8592 1708	
Thames Community Hub (previously Sue Bramley)	Monday to Friday 9am to 5pm
Bastable Ave	
Barking	
IG11 0LG	
Telephone: 020 8270 6619	
Email: <u>thamescommunityhub@lbbd.gov.uk</u>	
	Monday to Friday 9am to 5pm.

Village Community Hub (previously Leys)

b

Monday to Friday 9am to 5pm

ub@lbbd.gov.uk

Hardship schemes: Funds to support vulnerable households most in need of help with the rising living and energy costs such as gas, electric, water and food costs. Additional support also includes white goods, winter clothing, essentials for work related costs such as travel and broadband. In exceptional circumstances residents may be able to get help with housing costs where Housing Benefit, Universal Credit Housing element or DHP (Discretionary Housing Payments) awards are not eligible or applicable. www.lbbd.gov.uk/benefits-and-support

Library of Things: residents can borrow useful items like drills, sound systems and sewing machines. There are over 30 useful household, DIY and gardening items to borrow from as little as £1.50 per day. Residents can reserve items online, ready to collect from a self-service kiosk in Barking Learning Centre. People on low incomes will be able to sign up for a Concession Membership which offers 25 per cent off borrowing costs. www.libraryofthings.co.uk/barking

Tax Free Childcare: working families with children under the age of 11 could save up to £2,000 a year on childcare costs (or £4,000 if they have a child with a disability under the age of 17). Residents www.gov.uk/tax-free-childcare

Personal Debt support: Debt Free Advice are a charity working in the borough to support people with personal debt, such as credit cards, pay day loans and more. This includes supporting people to get breathing space from their repayments. They are based in the Barking Learning Centre. https://debtfreeadvice.com/find-advice-centre/barking-learning-centre

Citizen's Advice Barking and Dagenham advice for help withage of 17). Residents